2018 CWOSSA Nordic Skiing Championships

Tuesday February 13, 2018

Mono Nordic Ski Club, Orangeville ON

**Convenor:** Stuart Dennie, Orangeville D.S.S. stuart.dennie@ugdsb.on.ca

**Entries**: Registration and Entry Fees to be completed/paid online at [www.zone4.ca](http://www.zone4.ca). Search for CWOSSA Nordic Skiing Championship 2018. Deadline of Friday Feb 9th at 5:00 pm.

**Fee:** $13.50 per skier, plus zone 4 registration/processing fees.

**Forms:**

1. You must have all your athletes entered into the AELS OFSAA database. You must bring a signed printout of this form as your CWOSSA eligibility.

2. Declaration of Transfer Students Form (this form is only required if you have any transfer students)

**Start Time:** 11:00 am

**Site Address:** 500 Monora Park Rd, Mono, ON L9W 0E1 - [Map](https://www.google.ca/maps/place/Monora+Park+Pavilion/@43.9386177,-80.1053404,17z/data=!4m5!3m4!1s0x0:0x749b5b4cbf45f317!8m2!3d43.9393825!4d-80.1068263)

**Course Lengths:**  JG – 4 km JB/SG – 5 km SB – 7.5 km Sprint Relay – 4 by 800 m

**General Information:**

* In case of inclement weather on race day and you can’t attend, please call convenor at 519-806-1963 ASAP.
* Please review new [OFSAA playing regulations](http://www.ofsaa.on.ca/sites/default/files/nordic_skiing_2017_2.pdf), especially in regards to entering athletes into High School and Open Divisions.
* Teams to be present by 9:30 am to secure bibs and make necessary changes.
* Coaches meeting will be held at 10:00 am.
* Course length, starting procedures, time and order of races are subject to change based on conditions and convener’s discretion.
* Sprint relays will start at approx 1 pm. Exhibition sprints may be run if time and conditions warrant.
* Awards ceremony will occur as promptly as possible after final race
* Coaches meeting to immediately follow awards for OFSAA qualification.
* Kitchen will be open to purchase food.