

# CWOSSA Boys' & Girls' Wrestling Playing Regulations

## I. Date/Location

1. The date and location will be published in the annual CWOSSA calendar.
2. The male and female Championships will be held on the same day.

## II. Championship Structure:

### A. Entries

1. CWOSSA will be divided into 4 areas with 4 qualifying tournaments:  
Area 1 – 1/7/4/10                      Area 2 – 6/11  
Area 3 – 8                                      Area 4 – 5/9
2. The top 3 from each qualifying tournament will qualify for CWOSSA.

### B. Weigh In

1. The weigh in would proceed as normal at the athlete's home school the day before CWOSSA.
2. On the morning of CWOSSA athletes from each team will be "red-dotted" and be required to weigh in again. We will weigh in one athlete for teams of 10 qualifying members and under, 2 athletes for teams between 11 and 20 qualifying members, 3 athletes for teams with 21-30 qualifying members.
3. **A 1kg allowance will be given to all athletes who are selected for the red-dot weigh in.**
4. If an athlete doesn't make this allowance they would be removed from the tournament and all team members would be weighed in. Any other team members not within the allowance would also be removed from the tournament as well.

### C. Tournament Format

1. This will be a double elimination tournament (12), pre-seeded by placement in the qualifying tournament. The third place challenge rule will be in effect. (Appendix 1)
2. If there are 5 or less in a weight category, then a random round robin draw will be used and the wrestling CAVA point system will be used to determine placement. (In round robin, wrestlers from the same district wrestle first).

3. In the event that one district does not have qualifiers in a weight class and numbers do not warrant a round robin, then an eight man draw will be used as shown below:

|           |
|-----------|
| Region X1 |
| Region Y4 |
| Region Y2 |
| Region X3 |
| Region X2 |
| Region Y3 |
| Region X4 |
| Region Y1 |

4. The gold medal and bronze medal matches will run concurrently (as much as possible). This will allow equal rest time prior to challenge matches.
5. Challenge matches will take place 30 minutes after the completion of the gold/bronze matches.
6. Whenever possible the referees shall be a minimum Provincial A Level certified and if possible National C Card.

### III. Playing Rules

1. Current OFSAA Wrestling rules will be used as listed in the OFSAA Wrestling playing regulations.
2. At mat side:
  - (i) One coach plus a trainer or manager (maximum of 2).
  - (ii) If a coach does not have a wrestler competing he must be in the stands with his wrestlers. Wrestlers and coaches will not be permitted to wander about the gym floor at will.
  - (iii) CAWA rules will apply at mat side for the coach with respect to shouting moves, encouragement and general deportment.
3. No individual ties.
4. Team Ties:
  - (i) Most first place winners
  - (ii) If still tied, most second place winners
  - (iii) If still tied, most third place winners
  - (iv) If still tied, the tie stands

5. Team Placement Points

1<sup>st</sup> - 15    2<sup>nd</sup> - 10    3<sup>rd</sup> - 6    4<sup>th</sup> - 3    5<sup>th</sup> - 1    6<sup>th</sup> - 1

**IV. OFSAA**

1. First and second place finishers gain entry to OFSAA. Third place can challenge 2nd place if they have not met in the course of the tournament.

**V. Sponsorship Policy and Uniforms at CWOSSA Championships:**

1. All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's name, colours and logos.
2. No sport club insignia on uniforms or equipment shall be permitted in the competitive area. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi-sport programs.
3. Sponsorship recognition is permitted to be visible but must conform with the placement guidelines outlined in By-Law 6. Section 2(h) of the OFSAA By-laws. This criteria must be met both on and in the immediate vicinity of the competitive area and during the awards ceremonies.

## Appendix 1

### Draws 2016-17

Area 1 – 1/7/4/10  
Area 3 – 8

Area 2 – 6/11  
Area 4 – 5/9

|                            |                              |                              |                            |
|----------------------------|------------------------------|------------------------------|----------------------------|
| 38 kg 51 kg<br>64 kg 83 kg | 41 kg 54 kg<br>67.5 kg 89 kg | 44 kg 57.5 kg<br>72 kg 95 kg | 47.5 kg 61 kg<br>77 kg UNL |
|                            |                              |                              |                            |
| Area 3 #1                  | Area 2 #1                    | Area 1 #1                    | Area 4 #1                  |
| Bye                        | Bye                          | Bye                          | Bye                        |
|                            |                              |                              |                            |
| Area 2 #3                  | Area 4 #3                    | Area 3 #3                    | Area 1 #3                  |
| Area 4 #2                  | Area 1 #2                    | Area 2 #2                    | Area 2 #2                  |
|                            |                              |                              |                            |
| Area 1 #2                  | Area 3 #2                    | Area 4 #2                    | Area 3 #2                  |
| Area 3 #3                  | Area 2 #3                    | Area 3 #3                    | Area 4 #3                  |
|                            |                              |                              |                            |
| BYE                        | Bye                          | Bye                          | Bye                        |
| Area 2 #1                  | Area 4 #1                    | Area 3 #1                    | Area 1 #1                  |
|                            |                              |                              |                            |
| Area 4 #1                  | Area 1 #1                    | Area 2 #1                    | Area 3 #1                  |
| BYE                        | Bye                          | Bye                          | Bye                        |
|                            |                              |                              |                            |
| Area 1 #3                  | Area 3 #3                    | Area 4 #3                    | Area 2 #3                  |
| Area 3 #2                  | Area 2 #2                    | Area 1 #2                    | Area 1 #2                  |
|                            |                              |                              |                            |
| Area 2 #2                  | Area 4 #2                    | Area 3 #2                    | Area 4 #2                  |
| Area 4 #3                  | Area 1 #3                    | Area 2 #3                    | Area 3 #3                  |
|                            |                              |                              |                            |
| BYE                        | Bye                          | Bye                          | Bye                        |
| Area 1 #1                  | Area 3 #1                    | Area 4#1                     | Area 2 #1                  |